

WORDS ON WASTE

Greater Shepparton City Council's Waste Education Newsletter



Welcome to Greater Shepparton City Council's Waste Education newsletter! Here, you'll find information about what's happening in the waste-space at Council, and also get some handy tips and tricks about how to reduce the amount of waste you send to landfill! If you've got any waste-related tidbits you'd like us to share, please email waste@shepparton.vic.gov.au: we'd love to hear from you 😊



PLASTIC FREE JULY IS HERE!

Have you signed up to take the Plastic Free July challenge? There's still time!

Just choose a single-use plastic item that you frequently use and want to try living without, and sign up [here](#) to keep yourself accountable. Whether it's a swap to a reusable coffee cup, or refusing a bag at the supermarket and taking your own/grabbing a box at check-out, we hope you can find a way to challenge yourself to refuse to use single use plastics this month (and beyond!).

DID YOU KNOW?

A big slice of food waste in Victoria is bread and baked goods. In fact, Victorian households bin the equivalent of 125 million loaves each year!



It's possible to freeze all varieties of bread, and this is a great way to reduce the amount of bread going to waste in your home. With whole loaves, slice them before freezing them and pop them in a zip lock bag. The best news? You can toast it straight from the freezer!

Follow Your Rubbish tours

Are you interested in seeing what happens to the contents of your kerbside bins, once the garbage truck takes it away? Council offers schools and community groups the opportunity to book in a Follow Your Rubbish tour. This tour can be tailored to suit your interests, and can include one, all or a combination of: the Shepparton Resource Recovery Centre, Western Composting, Cosgrove Landfill and the Australian Botanic Gardens.

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DONATING TO CHARITY SHOPS

When you donate items to local charity shops, please be mindful of the following:

- items should be in good, reusable/re-wearable condition
- items should be placed in donation bins (if donation bins are available) **or**
- items should be taken into the store during open hours

It is really important that you don't leave your unwanted household items (clothing, books, mattresses, furniture etc) outside these stores



WASTE-LESS IDEA

From Hilary in Council's Waste Team

"One of my go-to breakfasts for my kids and I is banana pancakes, not just because they taste good but because it's a great way to use up overripe bananas. If you're like me and you like simple recipes (and dislike eating brown bananas) give this recipe a go!"



- 1 x mashed ripe banana
- 1 x egg
- 1 x shake of cinnamon
- 1 x heaped tablespoon of flour (any kind!)

Mix all of the above together, melt some butter in a hot pan and spoon the mixture into it! Cook on each side until golden. YUM!

Overripe bananas are also delicious in banana cake, or you can freeze them and pop them into a smoothie. These are just a few ways you can keep your bananas (except for the peel) out of your compost bin! If you've got any waste-less recipes you'd like us to share, email waste@shepparton.vic.gov.au



If you'd like one of these magnets for your fridge, please contact the waste team or visit Council's Customer Service desk.

Greater Shepparton City Council

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SMALL ACTS, BIG IMPACT: A SUSTAINABILITY VICTORIA CAMPAIGN



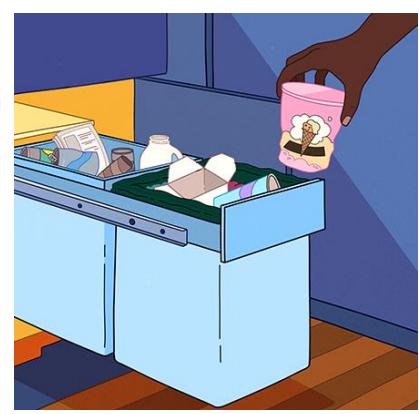
The latest campaign from Sustainability Victoria has been designed to encourage all Victorians to make small changes that will collectively increase the amount of recyclable products kept out of landfill, and help the state achieve a more circular economy.



Keep your recyclables loose! It can be very tempting to tie them all up in a plastic bag, but that plastic bag contaminates whole loads of recyclable items. So just chuck them straight into your bin!



Remember to empty all food products from recyclable jars and containers before placing them into your recycle bin. A cleaner product means a better chance of that item being successfully recycled!



Cardboard items like drink cups, takeaway boxes and ice cream cartons have a plastic or wax coating which means they can't be recycled. Put them in your general rubbish so they don't mess up the recycling process.

If you'd like to learn more about Small Acts, Big Impact, click on this [link!](#)