

Kitchen orchestra

What we know

Music is a language like no other, and making music with others is fun.

Music is in the sounds all around us, everyday.

When your child explores how they can make sounds with 'instruments from life' they begin to learn a new way to communicate with others.

Practising music-making (hearing, listening, singing and playing) opens a window for a fresh connection with family, community and the world.

What to do

Collect together some safe kitchen utensils. Try pots and pans, plastic tubs and containers, spoons, empty plastic bottles.

With your child, hold each kitchen utensil and experiment with all the different sounds each 'instrument' can make.

Try an eggbeater going fast, shaking a half-full bottle of water or scrunching a chip packet.

Try soft and loud sounds.

Make shakers by filling containers with dried pasta, peas, lentils or rice. Make sure the lids are secure!

Explore stopping and starting.

Gather friends together to make an orchestra and dance to the music.

A book to read

Ernie Dances to the Didgeridoo
by Alison Lester



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Things to say

'What happens if we shake this container with rice in it?'
'Let's bang this saucepan with the wooden spoon really fast!'
'What else can we find in the kitchen to make music with?'
'Let's bang these two saucepan lids together. Ready, set, GO!'

