

# Rock paintings

## What we know

Painting helps children develop their imaginations.

Young children see how they can make changes in the world around them.

Water painting gives children a chance to practise using their eyes and hands together.

This can be a quiet and gentle activity that allows children to explore their world in a creative way. It teaches children confidence in 'mark making', which is the first step towards drawing and writing.

## What to do

Put some large rocks on the ground outside or on the floor inside (on newspaper or a plastic sheet).

Dip paint brushes in a cup or tub of water and, together, gently paint the rocks with the water.

You can put on some gentle music while you paint, or sing a gentle song.



## A book to read

*Imagine*  
by Alison Lester



ISBN 978-0-9871210-6-6

## Things to say

'Look at the beautiful shapes you are making!'

'Let's try a different shape.'

'Let's try a different rock.'

'Look! The water has dried up! Let's paint some more pictures.'